

**BLOKES DO THIS!**  
Our Kids Are Worth It.

Pit Stop is a 'parenting tune-up' for fathers who like seeing their families firing on all cylinders.



**Pit Stop**  
City of Casey  
(it's a dad thing)

## NEXT COURSE

July to  
September 2010

Tuesdays  
6.00pm – 8.00pm

### BETHANY COMMUNITY SUPPORT

1 GIBB STREET  
NORTH GEELONG

#### REGISTRATION ESSENTIAL

To register or enquire contact The  
Family and Parenting Services

Phone: 52788122



## GET THE FACTS ON FATHERHOOD

- Why Dads Matter to Kids
- Developing Your Own Parenting Style
- Improving Family Communication and Closeness
- Steering Your Children Through Stressful Stages
- Disciplining Kids Without Losing It... or Them!
- Balancing Life Work and Family
- Working as a Team
- Identifying and Implementing Change

## PLACES LIMITED TO 15 DADS

- Multi-media presentation plus small group discussions
- Comprehensive practical manual included
- Snacks and refreshments provided

## WHAT MEN HAVE SAID ABOUT PIT STOP:

*"It was great to get together just with blokes. The guys up front are down to earth...  
I'm now on track to creating a better a future for my kids"*

*"I didn't like the idea of someone telling me how to parent, but I soon discovered Pit Stop is different...  
I look forward to it every week!"*

*"The bond and affection I have with my wife and son since I started Pit Stop has been amazing.  
Fatherhood is now immensely enjoyable!!"*

*"This has been a fabulous course. It has given me many simple tools I just hadn't thought of using before.  
I would strongly recommend it to every dad."*