

## **BLOKES DO THIS!** **Our Kids Are Worth It.**

Pit Stop is a 'parenting tune-up' for fathers who like seeing their families firing on all cylinders.



# **Pit Stop**

(it's a dad thing)

### **NEXT COURSE**

**8 February – 15 March  
2011**

**Tuesdays  
3.00pm – 5.00pm**

### **BETHANY COMMUNITY SUPPORT**

16 Ballarat Road  
Hamlyn Heights 3215

#### **REGISTRATION ESSENTIAL**

To register or enquire contact:

Phone: 5278 8122

**bethany**

### **GET THE FACTS ON FATHERHOOD**

- Why Dads Matter to Kids
- Developing Your Own Parenting Style
- Improving Family Communication and Closeness
- Steering Your Children Through Stressful Stages
- Disciplining Kids Without Losing It... or Them!
- Balancing Life Work and Family
- Working as a Team
- Identifying and Implementing Change

### **PLACES LIMITED TO 15 DADS**

- Multi-media presentation plus small group discussions
- Comprehensive practical manual included
- Snacks and refreshments provided

### **WHAT MEN HAVE SAID ABOUT PIT STOP:**

*"It was great to get together just with blokes. The guys up front are down to earth...  
I'm now on track to creating a better a future for my kids"*

*"I didn't like the idea of someone telling me how to parent, but I soon discovered Pit Stop is different...  
I look forward to it every week!"*

*"The bond and affection I have with my wife and son since I started Pit Stop has been amazing.  
Fatherhood is now immensely enjoyable!!"*

*"This has been a fabulous course. It has given me many simple tools I just hadn't thought of using before.  
I would strongly recommend it to every dad."*

**Bethany Community Support**

**52 788122**