



Professional Development

Reflective Practice for Educators

Educators assess, support and engage the child to moderate and self-regulate their emotions and behaviours.

This reflective practice session offers a formalised opportunity for educators to reflect on their interactions with children/families and examine the effect of these exchanges on children's learning and development.

A case study, learning approach will provide the basis for the reflective practice session, to practice skills and develop effective strategies to support educators in their role.

The reflective practice session aims to strengthen the understanding and professional practice of educators to better support children who have experienced challenges and adversity. Reflective practice sessions are designed for educators to reflect on their own professional practice to develop a wider range of teaching and wellbeing support skills.

Learning objectives:

- Understand the guiding principles and theoretical underpinnings of reflective practice
- Reflect on their experiences of working with children/families who have experienced adversity and life challenges
- Explore possibilities to learn new skills and develop strategies to alter their approach based on knowledge of how children might be affected
- Know which learning and support interventions are relevant and appropriate
- Navigate and understand the support system to assist the child/family
- Partner with families and strengthen traumatised/anxious children's relationships with adults in and out of the kindergarten setting
- Experience effective strategies for peer-to-peer reflective practice.

How to access this program

This program is available for kindergartens with eligible School Readiness Funding.

This program can be delivered online or in person at the kindergarten, Bethany offices in Geelong/Warrnambool or other community settings.

Cost

\$195 per person plus GST

- * Minimum number for individual service sessions is six participants, Public sessions will be arranged for those with less than six participants per module.
- * This workshop is two to three hours long.
- * Workshop content can be modified to meet the needs of particular kindergartens/educators.

Additional information

- * Additional travel and accommodation costs if more than 40 kilometer radius of Geelong or Warrnambool.
- * Delivery of workshops outside of standard working hours may be an option – please contact to discuss.

For more information or apply for this program contact:

Bethany Community Support **Ph: 03 5278 8122**

Email us on schoolreadiness@bethany.org.au